

CV of PALAKSHI SARMAH

Name: Palakshi Sarmah

Designation: Assistant Professor

Address for Communication: (office): Department of Psychology

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Sex: Female

Date of Birth: 12/12/1993

Educational Qualifications:

Sl. No.	Examination Passed	Year of passing	Board / Council / University	Specialization
1	HSLC/10 th Std.	2010	SEBA	-----
2	HSSLC/10+2 Std.	2012	AHSEC	SCIENCE STREAM
3	Bachelor's Degree (B.Sc.)	2016	SIKKIM UNIVERSITY	PSYCHOLOGY
4	Master's Degree (M.Sc.)	2018	SIKKIM UNIVERSITY	PSYCHOLOGY
5	Ph. D.	Submitted	IIT KHARAGPUR	PSYCHOLOGY

Languages known: English, Assamese, Hindi

(Read, Write & Speak)

List of Publications:

- 2020: Maheshwari, S., Tuladhar, V., Roy, S., **Sarmah, P.**, Rai, K., & Thargay, T. Do mindsets help in controlling eye gaze? A study to explore the effect of abstract and concrete mindsets on eye movements control. *The Journal of General Psychology*, 149(2), 258-277 <https://doi.org/10.1080/00221309.2020.1828253>
- 2022: Maheshwari, S., Tuladhar, V., Thargay, T., Sarmah, P., **Sarmah, P.**, & Rai, K. Do our eyes mirror our thought patterns? A study on the influence of convergent and divergent thinking on eye movement. *Psychological Research*, 86(3), 746-756 <https://doi.org/10.1007/s00426-021-01520-7>
- 2023: **Sarmah, P.**, Suar, D., & Patnaik, P. What is Good Life and How Do Individuals Attain It? Assessment of Happiness, Meanings, and its Pathways. *Asian Journal of Social Psychology*. <https://doi.org/10.1111/ajsp.12581> (In production)
- 2023: **Sarmah, P.** The Link Between Sustainable Development Indicators and Global Happiness. Das, B., Phukon, J.M., Kalita, H., Nath, L.K. (Eds). Conference proceedings ICSSR-sponsored National Conference on *India 2.0: Ideas of Self Reliant Bharat & Actions @ 75*. Baksa: Ken Publication. ISBN: 978-81948217-2-4

Under Review:

- **Sarmah, P.**, Maheshwari, S., Tuladhar, V., Roy, S. Thought and Behavior Suppression: How Good are we in Controlling our Thoughts and Behaviors, Discretely and Simultaneously?
- **Sarmah, P.**, Suar, D., & Patnaik, P. Do Sustainable Development Indicators Predict Happiness Globally?
- **Sarmah, P.**, Suar, D., & Patnaik, P. Impact of yoga and gratitude interventions on the happiness of women

Conferences:

- 2016, National Academy of Psychology, University of Allahabad, Allahabad. Paper title: What Indian politicians are politicizing on Twitter? A quantitative investigation
- 2016, National Academy of Psychology, Indian Institute of Technology Madras, Chennai. Paper title: A study to explore the relationship between thought suppression and eye movement suppression
- 2019, 2nd International Workshop on the Science of Happiness, Indian Institute of Technology Kharagpur. Paper title: Drivers of Happiness in campus of a technical education institute
- 2022, 9th International Conference on Sustainability, Indian Institute of Management Shillong. Paper title: Sustainable Development and Happiness across nations
- 2023, ICSSR sponsored Two- Day National Conference, Assam Don Bosco University, Assam. Paper title: The Nexus Between Sustainable Development Indicators and Global Happiness

Award, Fellowship & Recognition:

- Awarded UGC NET-JRF (2017)
- Awarded Gold Medal for securing 1st position in Master of Science
- Awarded Best Paper Award in ICSSR sponsored Two- Day National Conference at Assam Don Bosco University

Faculty Development Program:

- FDP on Publish Papers in Scopus and ABDC Indexed Journals: Tools & Techniques by MTC Global Leadership Institute on 24th to 25th, 2023

Date: 20/03/2024



Digitally signed by Palakshi Sarmah
(Palakshi Sarmah)