



GIRIJANANDA
CHOWDHURY
UNIVERSITY

09 MAY 2023

Volume - III, Issue 3

NEWS BULLETIN

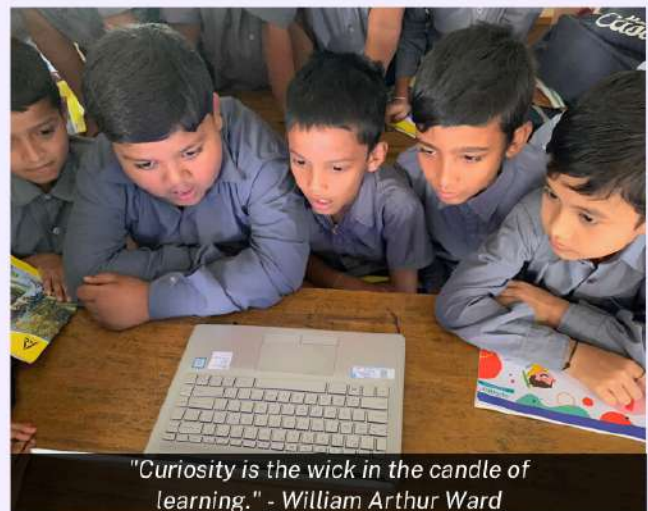
Sharpening Skills for Success: Workshop On WHO Life Skills Conducted by Team LEGO With GCU



AZARA, May 09: A two-day workshop on World Health Organization (WHO) recommended Life Skills was organized in collaboration with Girijananda Chowdhury University, Azara, by team LEGO (Learn, Embrace, Generate and Optimize) on May 3 and 4, 2023. The workshop was arranged in order to foster a culture of skill development among young learners in schools. The workshop sessions were conducted at Kendukuchi Lower Primary School of Nalbari District and Garal M.E. School of Kamrup District.



Thoughtful Learners



"Curiosity is the wick in the candle of learning." - William Arthur Ward



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The workshop was directed towards emphasizing the vital importance of promoting the 10 Life Skills endorsed by WHO among children, which are - Self-awareness, Empathy, Critical Thinking, Creative Thinking, Decision Making, Problem Solving, Effective Communication, Interpersonal Relationship, Coping with Stress, and Coping with Emotions. In keeping with the demands posed by the rapidly evolving contemporary epoch, the workshop aimed at upskilling the school-going students by providing them with opportunities to better their academic, individual, social and vocational skills. The students of both the schools were familiarized about holistic skill development through activities like screening of inspirational films, recitation of motivational poetry, and retelling stories of noble personalities and renowned thinkers. Through the interactive workshop sessions, the students were guided about how to navigate their way through the complex social dynamics of present times and actualize the best version of themselves.

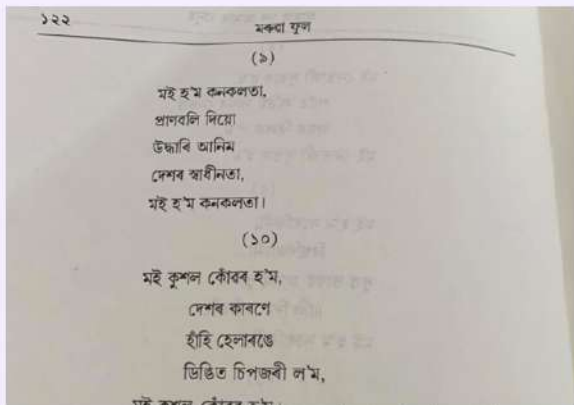
LEGO is an initiative begun by some enterprising students of Christ University, Social Work Department (2019-21 batch), aiming at equipping the children with holistic education, as a part of their service learning and academic curriculum. In the 2-day workshop, the LEGO team was assisted in their endeavour by Bibek Mandal, who is a 2nd semester student of the Department of Electronics and Communication Engineering, GCU Azara.



On their way of becoming better citizens of tomorrow.



A workshop session underway.



Patriotic Poetry: "Gajalir Lakshya" by Lakhyadhar Choudhury.



Display of Creativity.