CV of PALAKSHI SARMAH

Name: **Palakshi Sarmah**

Designation: Assistant Professor

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Sex: Female

Date of Birth: 12/12/1993

Educational Qualifications:

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| --- | --- | --- | --- | --- |
| Sl. | Examination Passed | Year of passing | Board / Council / |  |
| No. |  |  | University | Specialization |
| 1 | HSLC/10th Std. | 2010 | SEBA | ---------- |
| 2 | HSSLC/10+2 Std. | 2012 | AHSEC | SCIENCE STREAM |
| 3 | Degree | 2016 (B.Sc.) | SIKKIM UNIVERSITY | PSYCHOLOGY |
| 4 | Master’s Degree | 2018 (M.Sc.) | SIKKIM UNIVERSITY | PSYCHOLOGY |
| 5 | Ph. D. | PURSUING | IIT KHARAGPUR | PSYCHOLOGY |

Languages known: English, Assamese, Hindi

(Read, Write & Speak)

**List of Publications:**

* 2020: Maheshwari, S., Tuladhar, V., Roy, S., **Sarmah, P**., Rai, K., & Thargay, T. Do mindsets help in controlling eye gaze? A study to explore the effect of abstract and concrete mindsets on eye movements control. The Journal of General Psychology, 149(2), 258-277
* 2022: Maheshwari, S., Tuladhar, V., Thargay, T., Sarmah, P., **Sarmah, P**., & Rai, K. Do our eyes mirror our thought patterns? A study on the influence of convergent and divergent thinking on eye movement. Psychological Research, 86(3), 746-756

Under Review:

* **Sarmah, P**., Maheshwari, S., Tuladhar, V., Roy, S. Thought and Behavior Suppression: How Good are we in Controlling our Thoughts and Behaviors, Discretely and Simultaneously?
* **Sarmah, P**., Suar, D., & Patnaik, P. What is Good Life and How Do Individuals Attain It? Meaning of Happiness, Its Assessment, and Pathways
* **Sarmah, P**., Suar, D., & Patnaik, P. Sustainable development indicators and happiness across nations
* **Sarmah, P**., Suar, D., & Patnaik, P. Impact of yoga and gratitude interventions on the happiness of women

Conferences:

* 2016, National Academy of Psychology, University of Allahabad, Allahabad. Paper title: What Indian politicians are politicizing on Twitter? A quantitative investigation
* 2016, National Academy of Psychology, Indian Institute of Technology Madras, Chennai. Paper title: A study to explore the relationship between thought suppression and eye movement suppression
* 2019, 2nd International Workshop on the Science of Happiness, Indian Institute of Technology Kharagpur. Paper title: Drivers of Happiness in campus of a technical education institute
* 2022, 9th International Conference on Sustainability, Indian Institute of Management Shillong. Paper title: Sustainable Development and Happiness across nations

Award, Fellowship & Recognition:

• Awarded UGC NET-JRF (2017) with 71.43%

• Awarded Gold Medal for securing 1st position in Master of Science



Date: 09/05/2023 (Palakshi Sarmah)